

YOUTH SOCCER PROGRAMS IN CUMBERLAND/NORTH YARMOUTH

The children of Cumberland and North Yarmouth are served by two organizations offering two different approaches to Soccer:

[CNY United League \(CNYU\)](#) and [Cumberland Soccer Club \(CSC\)](#)

While each is independent from the other, they are collaborating in this document so that parents can choose the best possible soccer experience for their children.

CNY United Soccer League (CNYU)	Cumberland Soccer Club (CSC)
<p>Objective: CNYU's focus is participation and player development geared to a positive overall playing experience at a <i>recreational level</i>. CNYU is committed to the following precepts: Positive Coaching; Good Sportsmanship; Everyone Plays (at least half of every game); Balanced Teams; Open Registration (open to every child regardless of financial means or soccer experience).</p>	<p>Objective: CSC promotes opportunities for youth to participate in <i>travel</i> team soccer while being guided by principles centered on sportsmanship, player development, quality coaching, and community. <i>Through participation in a competitive league environment, playing with CSC is for experienced players wanting more soccer.</i></p>
<p>Eligibility: Boys & Girls entering grades 1-6.</p>	<p>Eligibility: Grades 3-8 based on SoccerMaine age requirements (must be 8 before August 1st)</p>
<p>Season: 6-7 weeks - game on Saturdays typically starting after Labor Day Weekend</p>	<p>Season: Third week of August through the end of October.</p>
<p>Teams & Team Size: Grades 2 Boys, 2-3 Girls, 3-4Boys, 4-5 Girls, 5-6 Boys and 6 Girls (age groups for 5-6 may change depending on number of players registered)</p>	<p>Teams & Team Size Boys & Girls U10, U11, U12, U13, and U14. U10 teams have approximately 9-13 players per roster (7 v. 7) U11 & U12 teams have approximately 12 –15 players (9 v. 9)</p>

<p>Younger age groups +/- 8 players/team, older age groups +/- 12 players/team. 1st Grade: No formal teams; gender specific groups, skills, games & short scrimmages.</p>	<p>U13 and U14 teams have approximately 16-18 players (11 v. 11).</p>
<p>Games: All games are at Twin Brook on Saturdays</p> <p>1st Grade boys/girls: Skills, games & 3v3 scrimmages.</p> <p>Grade 2/3 boys/girls & Grade 4/5 boys/girls: Small-sided games, 6v6 or 7v7, on a ½ or ¾ field.</p> <p>Grade 5-6 Boys/Grade 6 Girls: Saturday morning or early afternoon, 8v8 on a ¾ field.</p>	<p>Games: CSC is part of a travel league and therefore plays teams from throughout Maine. League games are played primarily on Sunday; however, at times Saturday games are scheduled. Home Games: Sunday afternoons @ Twin Brook Away Games: Sunday morning & afternoons in other towns</p> <p>Tournaments: Labor Day Weekend, Indigenous People’s Day Weekend & End of Season festival (U10 & U11) or State Playoffs (U12-U14)</p> <p>Attendance at all league games, as well as all tournament games is expected.</p>
<p>Playing Time: Every player is guaranteed to play at least half of every game, and every child plays three quarters of every game before any child plays the entire game. This is enforced at all games by the referees.</p>	<p>Playing Time: U10, U11 & U12 level, each player will play at least half the game and should have equal playing time. U13&U14 level, each player is guaranteed to play at least 10 minutes in each half during all games</p> <p>During State Playoffs, there are no playing time expectations.</p>
<p>Practices: One practice per week scheduled by the team coach; grade 5-6 & 6 teams generally practice twice a week. Attendance at all practices is encouraged. No First Grade practices.</p>	<p>Practices: Typically, each CSC team practices two days per week, scheduled by the team coach. Attendance at all practices is expected.</p>
<p>Registration: Cumberland/NY Recreation Program</p>	<p>Registration: Cumberland Soccer Club</p>

<p>Evaluations: There are no tryouts in CNYU. All players entering second grade and players new to CNYU are required to attend an evening skill review session held in June and August. The skills of each player are evaluated so that balanced teams can be developed. All players are placed on a team.</p>	<p>Evaluations: Evaluations for all age groups are mandatory. CSC uses evaluations to create balanced teams (U10 & U 11) and make decisions necessary for division level for U12-14 teams.</p>
<p>Referee Certification: CNYU coach and referee training is U.S. Soccer Federation-sanctioned and FIFA-recognized.</p>	<p>Coach & Referee Certification: Coaches and referees are trained and licensed through the USSF.</p>
<p>Affiliation: CNYUnited is affiliated with the Town of Cumberland's Recreation Department. The league, formerly AYSO Region 1271, started in the fall of 1998.</p>	<p>Affiliation: The Cumberland Soccer Club is an affiliate of SoccerMaine and the U.S. Youth Soccer Association (USYSA), itself a full affiliate member of USSF. USYSA has over 3 million kids playing nationwide. CSC was started in 1989, and is an independent non-profit organization.</p>